My Healthy Mind Psychology - Privacy Policy

We are committed to protecting your privacy. This policy explains how we collect, use, and store personal information submitted through this website.

1. Information we collect

The only personal information we collect through this website is the information you choose to provide via the “Contact” form, such as your name, email address, and any message you submit.

If you contact us by email, we may collect your name, contact details, and any information you include in your message.

2. How we use your information

We use the information you provide solely to:

- respond to your enquiry
- communicate with you about your request

We do not use your information for marketing purposes.

3. Disclosure of information

We do not share, sell, or disclose your personal information to third parties unless required by law.

4. Storage and security

We take reasonable steps to protect the information you submit through this website from unauthorised access, loss, or misuse.

However, no online transmission is completely secure, and we cannot guarantee absolute security.

5. Website analytics and cookies

This website may use basic analytics tools (such as Google Analytics) to understand website traffic. These tools may collect non-identifiable information such as pages visited, browser type, and device information.

You can disable cookies in your browser settings.

6. Access and correction

You may request access to the personal information you have submitted, or ask us to correct it if it is inaccurate. Contact us using the details below.

7. Contact us

If you have questions about this Privacy Policy or how your information is handled, please contact:

Ashley Douglass

Email: ashley@myhealthymindpsychology.com.au